Implementation of DevSecOps for a Microservices-based Application with Service Mesh

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14	https://doi.org/10.6028/NIST.SP.800-204C-draft



Implementation of DevSecOps for a Microservices-based Application with Service Mesh

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This publication is available free of charge from: https://doi.org/10.6028/NIST.SP.800-204C-draft

September 2021



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93

Abstract

94 Cloud-native applications have evolved into a standardized architecture consisting of multiple

95 loosely coupled components called microservices (implemented as containers), supported by

- 96 code for providing application services called service mesh. Both of these components are hosted
- 97 on a container orchestration and resource management platform, which is called a reference
- 98 platform in this document. Due to security, business competitiveness, and its inherent structure
- 99 (loosely coupled application components), this class of applications needs a different application100 development, deployment, and runtime paradigm. DevSecOps (consisting of three acronyms for
- 101 Development, Security, and Operations, respectively) has been found to be a facilitating
- 102 paradigm for these applications with primitives such as Continuous Integration, Continuous
- 103 Delivery, and Continuous Deployment (CI/CD) pipelines. These pipelines are workflows for
- 104 taking the developer's source code through various stages, such as building, testing, packaging,
- 105 deployment, and operations supported by automated tools with feedback mechanisms. In
- 106 addition to the application code, and the code for application services (service mesh), the
- 107 architecture has functional elements for infrastructure (computing, networking, and storage
- 108 resources), runtime policies (authentication, authorization etc.) and continuous monitoring of the
- 109 health of the application (Observability), which can be deployed through declarative codes.
- 110 Thus, separate CI/CD pipelines can be created for all of the five code types.
- 111 The objective of this document is to provide guidance for the implementation of DevSecOps
- 112 primitives for a reference platform hosting a cloud-native application with the functional
- elements described above. The benefits of this approach for high security assurance and for
- 114 enabling continuous authority to operate (C-ATO) are also discussed.
- 115

116

Keywords

- 117 container orchestration and resource management platform; DevSecOps; CI/CD pipelines;
- 118 infrastructure as code; policy as code; observability as code; GitOps; workflow models; static
- 119 AST; dynamic AST; interactive AST; SCA.
- 120

Acknowledgments

122 The author would like to express their first thanks to Mr. David Ferraiolo of NIST for initiating

123 this effort to provide a targeted guidance for the implementation of DevSecOps primitives for the

development, deployment, and monitoring of services in microservices-based applications with
 service mesh infrastructure. Sincere thanks to Mr. Nicolas Chaillan, CSO US Air Force, for a

service mesh infrastructure. Sincere thanks to Mr. Nicolas Chaillan, CSO US Air Force, for a detailed and insightful review and feedback. Thanks are also due to Zack Butcher of Tetrate, Inc.

for suggesting the title for this document. The author also expresses thanks to Isabel Van Wyk of

128 NIST for her detailed editorial review.

129

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156 **Executive Summary**

- 157 Cloud-native applications have evolved into a standardized architecture consisting of the 158 following components:
- Multiple loosely coupled components called microservices (implemented as containers)
- An application services infrastructure called Service Mesh (providing services such as
- 161 secure communication, authentication, and authorization for users, services, and devices)
- 162

163 Due to security, business competitiveness, and its inherent structure (loosely coupled application
 164 components), this class of applications needs a different application, deployment, and runtime
 165 monitoring paradigm – collectively called the software life cycle paradigm. DevSecOps

166 (consisting of three acronyms for Development, Security, and Operations, respectively) is one of

- 167 the facilitating paradigms for the development, deployment, and operation of these applications
- 168 with primitives such as Continuous Integration, Continuous Delivery, and Continuous
- 169 Deployment (CI/CD) pipelines.
- 170

171 CI/CD pipelines are workflows for taking the developer's source code through various stages,

- such as building, functional testing, security scanning for vulnerabilities, packaging, and
- 173 deployment supported by automated tools with feedback mechanisms. In addition to the
- application code and the code for providing application services, this architecture may be made
- 175 up of functional elements for infrastructure, runtime policies (such as zero trust policy), and
- 176 continuous monitoring of the health of the application, the last three of which can be deployed
- 177 through declarative codes. Thus, separate CI/CD pipelines can be created for all five code types.
- 178 The runtime behavior of each of these code types is also described to highlight the roles that they
- 179 play in the overall execution of the application.
- 180

181 Though cloud-native applications have a common architectural stack, the platform on which the

182 components of the stack run may vary. The platform is an abstraction layer over a physical (bare

- 183 metal) or virtualized (e.g., virtual machines, containers) infrastructure. In this document, the
- 184 chosen platform is a container orchestration and resource management platform (e.g.,
- 185 Kubernetes). To unambiguously refer to this platform or application environment throughout this
- document, it is called the *Reference Platform for DevSecOps Primitives*, or simply the *reference platform*.
- 188

189 The objective of this document is to provide guidance for the implementation of DevSecOps

190 primitives for the reference platform. The benefits of this implementation for high security

- assurance and the use of the artifacts within the pipelines for providing continuous authority to
- 192 operate (C-ATO) using risk management tools and dashboard metrics are also described.
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243 **1** Introduction

244 Cloud-native applications are made up of multiple loosely coupled components (called microservices implemented as containers), operate in perimeter-less network environments 245 246 requiring zero trust concepts (on-premises or cloud), and are accessed by users from a diverse set 247 of locations (e.g., campus, home office, etc.). Cloud-native applications do not just refer to 248 applications that run in the cloud. They also refer to the class of applications with design and 249 runtime architectures, such as microservices, and a dedicated infrastructure for providing all 250 application services, such as security. The incorporation of zero trust principles into this class of 251 application provides techniques where access to all protected resources is enforced through 252 identity-based protection, as well as network-based protections (e.g., micro-segmentation) where

- applicable.
- 254 Cloud-native applications require agile and secure updates and deployment techniques for
- business reasons as well as the necessary resilience to respond to cybersecurity events. Hence,
- they call for a different application development, deployment, and runtime monitoring paradigm
- 257 (collectively called the software life cycle paradigm) than the ones used for traditional monolithic
- 258 or multi-tier applications. DevSecOps (Development, Security, and Operations) is a facilitating
- 259 paradigm for this class of applications since it facilitates agile and secure development, delivery,
- deployment, and operations through (a) primitives, such as Continuous Integration, Continuous
- 261 Delivery, and Continuous Deployment (CI/CD) pipelines (explained in section 3); (b) security
- testing throughout the life cycle; and (c) continuous monitoring during runtime, all of which are supported by automation tools. Thus, DevSecOps has the necessary primitives and other building
- supported by automation tools. Thus, DevSecOps has the necessary primitives and other built
- 264 blocks to meet the design goals of cloud-native applications.

265 **1.1 Scope**

266 DevSecOps primitives can, in theory, be applied to many application architectures but are best suited to microservices-based ones, which permit agile development paradigms due to the fact 267 268 that the application is made up of relatively small, loosely coupled modules called microservices. Even within microservices-based architectures, the implementation of DevSecOps primitives can 269 270 take on different forms, depending on the platform. In this document, the chosen platform is a 271 container orchestration and resource management platform (e.g., Kubernetes). The platform is an 272 abstraction layer over a physical (bare metal) or virtualized (e.g., virtual machines, containers) infrastructure. To unambiguously refer to this platform or application environment throughout 273 274 this document, it is called the Reference Platform for DevSecOps Primitives, or simply the 275 reference platform.

- 276
- Before describing the implementation of DevSecOps primitives for the reference platform, it is
 assumed that the following due diligence is applied with respect to deployment of the service
 mesh component [1]:
- Secure design patterns for deploying and managing service mesh-based components for infrastructure (e.g., network routing), policy enforcement, and monitoring

• Tests to prove that these service mesh components work as intended in a variety of scenarios for all aspects of the application, such as ingress, egress, and inside services.

The guidance provided for implementation of DevSecOps primitives for the reference platform is agnostic to (a) the tools used in DevSecOps pipelines and (b) the service mesh software, which provides application services, though examples from service mesh offerings, such as Istio, are used to link them to real-world application artifacts (e.g., containers, policy enforcement

288 modules, etc.).

The reference platform, along with DevSecOps implementation components, can therefore belooked upon as having the following functional elements or code types:

- The application code, which contains the application logic for transactions and database
 access
- 293
 2. The service mesh code, which provides application services such as network routes, network resiliency services (e.g., load balancing, retries etc.), and security services
- 295 3. Infrastructure (consisting of computing, networking, and storage resources) as code
- Policy as code for generating rules and configuration parameters for realizing security
 objectives, such as zero trust through security controls (e.g., authentication,
 authorization) during runtime
- 299 5. Observability as code for (a) triggering software related to logging, tracing
 300 (communication pathways involved in executing application request), and monitoring for
 301 recording all transactions and for (b) keeping track of application states during runtime.
- 302

This document covers the implementation of pipelines or workflows associated with all five code 303 types listed above. Out of them, the infrastructure as code, policy as code, and observability as 304 305 code belong to a special class called declarative code. A declarative code is written in a special 306 purpose language called declarative language that declares the requirements, and an associated 307 tool converts them into artifacts that make up a runtime instance. For example, in the case of 308 infrastructure as code (IaC), the declarative language models the infrastructure as a series of 309 resources. The associated configuration management tool pulls together these resources and 310 generates what are known as *Manifests* that define the final shape and state of the platform 311 (runtime instance) associated with the defined resources. These manifests are stored in servers 312 associated with a configuration management tool and are used by the tool to create compiled 313 configuration instructions for the runtime instance on the designated platform. Manifests are 314 generally encoded in platform-neutral representations (e.g., JSON) and fed to platform resource 315 provisioning agents through REST APIs.

316

317 **1.2 Related DevSecOps Initiatives**

318 **DoD Enterprise DevSecOps Initiative**: The Department of Defense (DOD) Enterprise

319 DevSecOps initiative spans many open-source projects with many state-of-practice ingredients.

The artifacts developed under this initiative are used by 12 U.S. federal agencies, five nations,

321 and a substantial number of DoD contractors and vendors. The open-source projects under this

322 initiative include but are not limited to [2]:

- The Iron Bank, a repository of DOD-vetted hardened container images
- Platform One, the DevSecOps platform that the department created for software deployments
 from jets to bombers to space to clouds; it is based on the concept of continuous authority to
 operate (cATO), which updated the DOD's authorization process to accommodate the speed
 and frequency of modern continuous software deployments
- 328
- 329 The DoD Enterprise DevSecOps initiative has the following state-of-practice ingredients:
- Abstracted: To avoid drifts, be agnostic to the environment (e.g., cloud, on-premise, classified, disconnected), and prevent lock-ins with cloud or platform layers, CNCFcompliant Kubernetes and OCI-compliant containers are leveraged – open-source stacks with U.S. observation of code and continuous scanning.
- GitOps/Infrastructure as Code (IaC): No drift, everything is code (including configuration, networking etc.), and the entire stack is automatically instantiated.
- 336
 3. Continuous Integration/Continuous Delivery pipeline (CI/CD): Fully containerized and using Infrastructure as Code (IaC)
- 4. Hardened Containers: Hardened "Lego blocks" to bring options to development teams
 (one size fits all lead to shadow IT)
- 340 5. Software Testing: Mandated high-test coverage
- 341
 Baked-in Security: Mandated static/dynamic code analysis, container security, bill of material (supply chain risk), etc.
 - 7. Continuous Monitoring:
 - Centralized logging and telemetry
 - Automated alerting
 - Zero trust, leveraging service mesh as sidecar (part of SCSS) down to the container level
 - Behavior detection (automated prevention leveraging AI/ML capabilities)
 - CVE signatures scanning
- 8. Chaos engineering: Dynamically kills/restarts container with moving target defense
- 351 **1.3 Target Audience**
- Since DevSecOps primitives span development (build and test for security, package, delivery,
 deployment, continuous monitoring) and ensure secure states during runtime, the target audience
 for the recommendations in this document includes software development, operations, and
- 356 security teams.
- 357

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1.4 Relationship to Other NIST Guidance Documents

- Since the Reference Platform is made up of container orchestration and resource management
 platform and service mesh software, the following publications offer guidance for securing this
 platform as well as background information for the contents of this document:
- Special Publication (SP) 800-204, Security Strategies for Microservices-based Application
 Systems [3], discusses the characteristics of microservices-based applications and the overall

364 security requirements and strategies for addressing those requirements.

- SP 800-204A, Building Secure Microservices-based Applications Using Service-Mesh
 Architecture [4], provides deployment guidance for various security services (e.g.,
- establishment of secure sessions, security monitoring, etc.) for a microservices-based
 application using a dedicated infrastructure (i.e., a service mesh) that uses service proxies that
 operate independent of the application code.
- SP 800-204B [5], Attribute-based Access Control for Microservices-based Applications
- 371 *Using a Service Mesh*, provides deployment guidance for building an authentication and
- authorization framework within the service mesh that meets the security requirements, such
- 373 as (1) zero trust by enabling mutual authentication in communication between any pair of
- 374 services and (2) a robust access control mechanism based on an access control such as
- attribute-based access control (ABAC) that can be used to express a wide set of policies and
 is scalable in terms of user base, objects (resources), and deployment environment.

1.5 Organization of this document

378 The organization of the rest of the document is as follows:

- Chapter 2 gives a brief description of the reference platform for which guidance for
 implementation of DevSecOps primitives is provided.
 - Chapter 3 introduces the DevSecOps primitives (i.e., pipelines), the methodology for designing and executing the pipelines, and the role that automation plays in the execution.
- Chapter 4 covers all facets of pipelines, including (a) Common issues to be addressed for all pipelines, (b) descriptions of the pipelines for the four code types in the reference platform that are listed in Section 1.1, and (c) the benefit of DevSecOps for security assurance for the entire application environment (the reference platform with five code types, thus carrying the DevSecOps implementation) during the entire life cycle, including the "Continuous Authority to Operate (CAT)."
 - Chapter 5 provides a summary and conclusion.

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2 **Reference Platform for the Implementation of DevSecOps Primitives**

- As stated in Section 1.1, the reference platform is a container orchestration and management 392
- platform. In modern application environments, the platform is an abstraction layer over a physical 393
- 394 (bare metal) or virtualized (e.g., virtual machines, containers) infrastructure. Before the
- 395 implementation of DevSecOps primitives, the platform simply contains the application code,
- 396 which contains the application logic and the service mesh code, which in turn provides
- 397 application services. This section will consider the following:
 - A container orchestration and resource management platform that houses both the application code and most of the service mesh code
 - The service mesh software architecture •

402 2.1 Container Orchestration and Resource Management Platform

403 Since microservices are implemented as containers, a container orchestration and resource 404 management platform is used for deployment, operations, and upgrading services. Kubernetes is 405 one such open-source container orchestration and resource management platform that is widely in 406 use.

- 407 A typical orchestration and resource management platform consists of various logical (forming
- the abstraction layer) and physical artifacts for the deployment of containers. For example, in 408
- Kubernetes, containers run inside the smallest unit of deployment called a pod. A pod can 409
- 410 theoretically host a group of containers, though usually, only one container runs inside a pod. A
- 411 group of pods are defined inside what is known as a node, where a node can be either a physical
- 412 or virtual machine (VM). A group of nodes constitutes a cluster. Usually, multiple instances of a
- 413 single microservice are needed to distribute the workload to achieve the desired performance
- 414 level. A cluster is a pool of resources (nodes) that is used as a means to distribute the workload of
- 415 microservices. One of the techniques used is horizontal scaling, where microservices that are
- 416 accessed more frequently are allocated more instances or allocated to nodes with higher resources
- (e.g., CPUs and/or memory). 417

418 2.1.1 Security Limitations of Orchestration Platform

- 419 Microservices-based applications require several application services, including security services
- 420 such as authentication and authorization, as well as the generation of metrics for individual pods
- 421 (monitoring), consolidated logging (to ascertain causes of failures of certain requests), tracing
- 422 (sequence of service requests within the application), traffic control, caching, secure ingress,
- 423 service-to-service (east/west traffic), and egress communication.
- 424 Taking the example of secure communications between Kubernetes containers, these are not
- 425 natively secure since there is no easy way to enforce TLS between pods as this would require in
- 426 maintaining hundreds of TLS certificates. Pods that communicate do not apply identity and
- 427 access management between themselves. Though there are tools that can be implemented to act
- as a firewall between pods, such as the Kubernetes Network Policy, this is a layer 3 solution 428

- rather than a <u>layer 7</u> solution, which is what most modern firewalls are. This means that while
 one can know the source of traffic, one cannot peek into the data packets to understand what they
- 431 contain. Further, it does not allow for making vital metadata-driven decisions, such as routing on
- 432 a new version of a pod based on an HTTP header. There are Kubernetes ingress objects that
- 433 provide a reverse proxy based on layer 7, but they do not offer anything more than simple traffic
- 434 routing. Kubernetes does offer different ways of deploying pods that do some form of $\underline{A/B}$
- 435 testing or canary deployments, but they are done at the connection level and provide no fine-
- 436 grained control or fast failback. For example, if a developer wants to deploy a new version of a
- 437 microservice and pass 10 % of traffic through it, they will have to scale the containers to at least
- 438 10 nine for the old version and one for the new version. Further, Kubernetes cannot split the
- 439 traffic intelligently and instead balances loads between pods in a round-robin fashion. Every
- 440 Kubernetes container within a pod has a separate log, and a custom solution over Kubernetes
- 441 must be implemented to capture and consolidate them.
- 442 Although the Kubernetes dashboard offers monitoring features on individual pods and their
- states, it does not expose metrics that describe how application components interact with each
- other or how much traffic flows through each of the pods. Consolidated logging is required to
- determine error conditions that cause an application request or transaction to fail. Tracing is
- 446 required to trace the sequence of containers that are invoked as part of any application request 447 based on the application logic that underlies a transaction. Since traffic flow cannot be traced
- 448 through Kubernetes pods out of the box, it is unclear where on the chain the failure for the
- 449 request occurred.
- 450 This is where the service mesh software can provide the needed application services and much 451 more.

452 **2.2 Service Mesh Software Architecture**

- Having looked at the various application services required by microservices-based applications,
 consider the architecture of service mesh software that provides those services. The service mesh
- 455 software consists of two main components: the data plane and the control plane.
- 456

457 **2.2.1 Data Plane**

- 458 The data plane component performs three different functions:
- 459 1. Secure networking functions
- 460 2. Policy enforcement functions
- 4613. Observability functions
- 462 The primary component of the data plane that performs all three functions listed above is called
- the sidecar proxy. This layer 7 (L7) proxy runs in the same network namespace (which, in this
- 464 platform, is the same pod) as the microservice for which it performs proxy functions. There is a
- 465 proxy for every microservice to ensure that a request from a microservice does not bypass its
- associated proxy and that each proxy is run as a container in the same pod as the application
- 467 microservice. Both containers have the same IP address and share the same IP Table rules. That

- 468 makes the proxy take complete control over the pod and handle all traffic that passes through it469 [6,7].
- 470 The first category of functions (secure networking) includes all functions related to the actual
- 471 routing or communication of messages between microservices. The functions that come under
- 472 this category are service discovery, establishing a secure (TLS) session, establishing network
- 473 paths and routing rules for each microservice and its associated requests, authenticating each
- 474 request (from a service or user), and authorizing the request.
- 475 With the example of establishing a mutual TLS session, the proxy that initiates the
- 476 communication session will interact with the module in the control plane of the service mesh to
- 477 check whether it needs to encrypt traffic through the chain and establish mutual TLS with the
- 478 backend or target pod. Enabling this functionality using mutual TLS requires every pod to have a 479 certificate (i.e., a valid credential). Since a good-sized microservice application (consisting of
- 479 certificate (i.e., a valid credential). Since a good-sized incroservice application (consisting of 480 many microservices) may require hundreds of pods (even without horizontal scaling of individual
- 481 microservices through multiple instances), this may involve managing hundreds of short-lived
- 482 certificates. This, in turn, requires each microservice to have a robust identity and the service
- 483 mesh to have an access manager, a certificate store, and certificate validation capability. In
- 484 addition, mechanisms for identifying and authenticating the two communicating pods are
- 485 required for supporting authentication policies.
- 486 Other kinds of proxies include ingress proxies [8] that intercept the client calls into the first entry
- 487 point of application (first microservice that is invoked) and egress proxies that handle a
- 488 microservice's request to application modules residing outside of the platform cluster.
- The second category of functions that the data plane performs is enforcement of the policies
 defined in the control plane through configuration parameters in the proxies (policy enforcement
- 491 service).
- 492 The third category of functions that service proxies perform sometimes in collaboration with
- 493 application service containers are to gather telemetry data, which helps to monitor the health and
- 494 state of the services, transfer logs associated with a service to the log aggregation module in the
- 495 control plane, and append necessary data to application request headers to facilitate the tracing of
- 496 all requests associated with a given application transaction. The application response is conveyed
- 497 by proxies back to its associated calling service in the form of return codes, a description of
- 498 response, or the retrieved data.

499 **2.2.2 Control Plane**

- 500 The control plane has several components. While the data plane of the service mesh mainly
- 501 consists of proxies running as containers within the same pod as application containers, the
- 502 control plane components run in their own pods, nodes, and associated clusters. The following
- are the various functions of the control plane [7] (components in the Istio service mesh that
- 504 perform these functions are given in parentheses):
- 505 1. Service discovery and configuration of the Envoy sidecar proxies (Pilot)

- 506 2. Automated key and certificate management (Citadel)
- 507 3. API for policy definition and the gathering of telemetry data (Mixer)
- 508 4. Configuration ingestion for service mesh components (Galley)
- 5. Management of an inbound connection to the service mesh (Ingress Gateway)
- 510 6. Management of an outbound connection from the service mesh (Egress Gateway)
- 511 7. Inject sidecar proxies into those pods, nodes, or namespaces where application
- 512 microservice containers are hosted (Sidecar Injector)

513 Overall, the control plane helps the administrator populate the data plane component with the

514 configuration data that is generated from the policies resident in the control plane. The policies

- 515 for function 3 above may include network routing policies, load balancing policies, policies for
- 516 blue-green deployments, canary rollouts, timeout, retry, and circuit-breaking capabilities. These
- 517 last three are collectively called by the special name of resiliency capabilities of the networking
- 518 infrastructure services. Last but not the least are security-related policies (e.g., authentication and
- 519 authorization policies, TLS establishment policies, etc.). These policy rules are parsed by a
- 520 module that converts them into configuration parameters for use by executables in data plane
- 521 proxies that enforce those policies.
- 522 The service mesh is container orchestration platform-aware, interacts with the API server that
- 523 provides a window into application services installed in various platform artifacts (e.g., pods,
- 524 nodes, namespaces), monitors it for new microservices, and automatically injects sidecar
- 525 containers into the pods containing these new microservices. Once the service mesh inserts the
- 526 sidecar proxy containers, operations and security teams can enforce policies on the traffic and
- 527 help secure and operate the application. These teams can also configure the monitoring of
- 528 microservices applications without interfering with the functioning of the applications.
- 529 The provisioning of infrastructure, policy generation, and observability services can be automated
- 530 using declarative code that is part of DevSecOps pipelines. The development team can
- 531 concentrate their efforts on efficient development paradigms, such as code modularity and
- 532 structuring, without worrying about the security and management details of their implementation.
- 533

5343DevSecOps – Organizational Preparedness, Key Primitives, and535Implementation

536 DevSecOps incorporates security into the software engineering process early on. It integrates and

537 automates security processes and tooling into all of the development workflow (or pipeline as later

538 explained) in DevOps so that it is seamless and continuous. In other words, it can be looked upon

- as a combination of the three processes: Development + Security + Operations [9].
- 540 This section discusses the following aspects of DevSecOps:
 - Organizational preparedness for DevSecOps
 - Seamless evolution from DevOps to DevSecOps (for organizations that already have a DevOps team in place)
 - Fundamental building blocks or key primitives for DevSecOps
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546 **3.1** Organizational Preparedness for DevSecOps

547 DevSecOps is a software development, deployment, and life cycle management methodology that involves a shift from one large release for an entire application or platform to the Continuous 548 549 Integration, Continuous Delivery, and Continuous Deployment (CI/CD) approach. This shift, in turn, requires changes in the structure of a company's IT department and its workflow. The most 550 551 pronounced change involves organizing a DevSecOps group that consists of software developers, 552 security specialists, and IT operations experts for each portion of the application (i.e., the 553 microservice). This smaller team not only promotes efficiency and effectiveness in initial agile 554 development and deployment but also in subsequent life cycle management activities, such as 555 monitoring behavior, developing patches, fixing bugs, or scaling the application. This cross-556 functional team with expertise in three areas forms a critical success factor for introducing 557 DevSecOps in an organization.

558 **3.2** Seamless Evolution from DevOps to DevSecOps

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560 DevOps is an agile, automated development and deployment process that uses primitives called

561 CI/CD pipelines aided by automated tools to take the software from the build phase to

562 deployment phase. These pipelines are nothing but workflows that take the developer's source

563 code through various stages, such as building, testing, packaging, and deployment supported by

automated tools with feedback mechanisms. DevOps is primarily a development/deployment

565 pipeline where security assurance is provided through the use of some basic static application

566 security tools (SAST), dynamic security testing tools (DAST), and software composition analysis

567 (SCA) tools. Thus, a DevOps platform only runs during the build and deployment phases of the

568 software life cycle.

569 In a DevSecOps platform, security assurance is provided through built-in design features, such as

- 570 zero trust, during the build and deployment phases in addition to the use of a comprehensive set
- 571 of security testing tools, such as DAST and SCA tools. Security assurance is also provided during
- 572 the runtime/operations phase by continuous behavior detection/prevention tools that use

- 573 sophisticated techniques, such as artificial intelligence (AI) and machine learning (ML).
- 574 Therefore, a DevSecOps platform not only runs during build and deployment phases but also
- 575 during runtime/operations phase. DevSecOps pipelines also run in a production environment as
- 576 opposed to DevOps, which runs in a separate environment for testing/staging since workflows
- associated with the latter terminate in the deployment phase. 577
- 578 Another distinguishing characteristic of a DevSecOps platform is that the security tools (e.g.,
- 579 SAST, DAST, and SCAs) are so tightly integrated with IDEs and other DevOps tools that they

580 perform application security analysis, such as identifying vulnerabilities and bugs through

- efficient scanning in the background. This is often invisible to developers without making them 581
- 582 call separate APIs for running these tools [10].
- 583 In summary, DevSecOps has the following distinguishing features as compared to DevOps:
 - Security testing and the robust incorporation of security controls are integral to all • pipelines instead of being relegated to a separate task or phase.
- The DevSecOps platform operates during runtime (in production), providing real-time 586 • 587 assurance of security through correction mechanisms and enabling the certification of 588 continuous authority to operate (C-ATO). 589
- 590 3.3 DevSecOps – Key Primitives and Implementation Tasks 591
- 592 The key primitives and implementation tasks involved are:
- 593 • Concept of pipelines and the CI/CD pipeline 594
 - Building blocks for the CI/CD pipeline •
 - Designing and executing the CI/CD pipeline •
 - Strategies for automation •
 - Requirements for automation tools in the CI/CD pipeline
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- 599 3.3.1 Concept of Pipelines and the CI/CD pipeline
- 600 DevSecOps is a methodology or framework for agile application development, deployment, and
- operations for cloud-native applications [11] and is made up of stages just like any other 601
- 602 methodology. The sequence and flow of information through the stages is called workflow,
- where some stages can be executed in parallel while some others have to follow a sequence. Each 603
- 604 stage may require the invocation of a unique job to execute the activities in that stage.
- 605 A unique concept that DevSecOps introduces in the process workflow is the concept of
- 606 "pipelines" [12]. With pipelines, there is no need to individually write jobs for each stage of the
- process. Instead, there is only one job that starts from the initial stage, automatically triggers the 607
- 608 activities pertaining to other stages (both sequential and parallel), and creates an error-free smart
- workflow. 609
- 610 The pipeline in DevSecOps is called the CI/CD pipeline based on the overall tasks it

- 611 accomplishes and the two individual stages it contains. CI stands for the continuous integration
- 612 stage. CD can denote either the continuous delivery or continuous deployment stage. Depending
- 613 on this latter stage, CI/CD can involve the following tasks:
 614 Build, Test, Secure, and Deliver (the tested modifie)
 - Build, Test, Secure, and Deliver (the tested modified code is delivered to the staging area)
 - Build, Test, Secure, Deliver, and Deploy (the code in the stage area is automatically deployed)
- 616 617

- 618 In the former, automation ends at the delivery stage, and the next task of deployment of the
- 619 modified application in the hosting platform infrastructure is performed manually. In the latter,
- 620 the deployment is also automated. Automation of any stage in the pipeline is enabled by tools that
- 621 express the pipeline stage as code.
- 622 The workflow process for a CI/CD pipeline is depicted in Figure 1 below:



624

Figure 1: CI/CD pipeline workflow [13]

625 Figure 3.1. CI/CD pipeline workflow [13]

626 The unit and integration tests shown in the diagram use SAST, DAST, and SCA tools described 627 in Section 3.2. These tests and associated tools are common to DevOne and DevSecOne

627 in Section 3.2. These tests and associated tools are common to DevOps and DevSecOps.

628 <u>Continuous integration</u> involves developers frequently merging code changes into a central

- 629 repository where automated builds and tests run. Build is the process of converting the source
- 630 code to executable code for the platform on which it is intended to run. In the CI/CD pipeline

631 software, the developer's changes are validated by creating a build and running automated tests

632 against the build. This process avoids the integration challenges that can happen when waiting for

- release day to merge changes into the release branch [14].
- 634 <u>Continuous delivery</u> is the next stage after continuous integration where code changes are
- 635 deployed to a testing and/or staging environment after the build stage. Continuous delivery to a
- 636 production environment involves the designation of a release frequency daily, weekly,
- 637 fortnightly, or some other period based on the nature of the software or the market in which the
- 638 organization operates. This means that on top of automated testing, there is a scheduled release
- 639 process, though the application can be deployed at any time by clicking a button. The deployment
- 640 process in continuous delivery is characterized as manual, but tasks such as the migration of code

- 641 to a production server, the establishment of networking parameters, and the specification of
- 642 runtime configuration data may be performed by automated scripts.
- 643 Continuous deployment is similar to continuous delivery except that releases happen
- automatically [14], and changes to code are available to customers immediately after they are 644
- 645 made. The distinction between continuous delivery and continuous deployment is shown in
- Figure 2 below. 646



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Figure 2 - Distinction between Continous Delivery and Continous Deployment [14]

649 3.3.2 Building Blocks for CI/CD pipelines

- The primary software for defining CI/CD pipeline resources, building the pipelines, and 650 651 executing those pipelines is the CI/CD pipeline software. There may be slight variations in the architecture of this class of software depending on the particular offering. The following is an 652 overview of the landscape in which CI/CD tools (pipeline software) operate: 653
- 654 Some CI/CD tools natively operate on the platform on which the application and the • 655 associated resources needed are hosted (i.e., container orchestration and resource management platform, such as Kubernetes), while others need to be integrated into the 656 application hosting platform through its API. An example of a former class of tool is 657 Tekton, and examples for the latter class include Jenkins, Travis, Bamboo, and CircleCI. 658 Some advantages of using the CI/CD tools that are native to the application hosting 659 platform are: 660 661
 - (a) It makes it easier to deploy, maintain, and manage the CI/CD tool itself.
- 662 (b) Every pipeline defined by the CI/CD tool becomes another platform-native resource and is managed the same way. In fact, all entities required for executing 663 pipelines, such as Tasks and Pipelines (which then act as blueprints for other 664 entities, such as TaskRuns and PipelineRuns, respectively), can be created as 665

- 666CustomResourceDefinitions (CRDs) built on top of resources native to the platform667[15]. Software with this type of architecture may be used by other CI/CD pipeline668software offerings to facilitate faster defining of pipelines.
- Some CI/CD tool offerings (e.g., GitLab, Jenkins X) integrate with a Git Repository one for each application and for each environment (staging/production). All changes in application modules, infrastructure, or configuration are made and stored in these Git repositories. The CI/CD pipeline software is connected to the Git repositories through Git webhooks and gets activated on commits (push workflow model) or pull requests in these repositories.
- Some CI/CD tools perform CD functions alone for the native platform (e.g., Jenkins X for Kubernetes platform) or for multiple technology stacks (e.g., Spinnaker for multi-cloud deployment). The difficulty with some in this class of tools is that they may lack native tools for completing the CI functions (e.g., tools to test code, build application images, or push them to registry).

680 **3.3.3 Designing and Executing the CI/CD pipeline**

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The purpose of creating the CI/CD pipeline is to enable frequent updates to source code, rebuilds,
and the automatic deployment of updated modules into the production environment. The key
tasks involved are [16]:

- <u>Setting up the source code repository</u>: Set up a repository (e.g., GitHub or GitLab) for storing application source code with proper version control.
- Build process: Configure and execute the build process for generating the executables (for those portions of the code that need to be updated) using an automated code build tool.
- 688 Securing the process: Ensure that the build is free of static and dynamic vulnerabilities
 689 through unit testing with SAST and DAST tools.
- 690 <u>Creating the deployment environment</u>: Create the environment to deploy the application using an automated deployment tool.
 - <u>Creating the delivery pipeline</u>: Create a pipeline that will automatically build and deploy the application using an automated pipeline tool.
- <u>Test the code and execute the pipeline</u>: Test the code in the pipeline using an automated testing tool, and execute the pipeline to complete the deployment of updated code.
- 696 To reiterate, the three primary stages of the CI/CD process are build/test, ship/package, and697 deploy. The following features transform this into a pipeline:
 - When an update is made to the source code for a service, the code changes pushed to the source code repository trigger the code building tool.
- The code building tool, which is usually an IDE, is often integrated with security testing
 tools (e.g., static vulnerability analysis tool) to facilitate the generation of secure compiled
 code artifacts, thus integrating security into the CI pipeline.

- The generation of compiled code artifacts in code building tools triggers the
- shipping/package tool, which may be integrated with its own set of tools (e.g., dynamic
 vulnerability analysis or dynamic penetration testing tools, software composition analysis
 tools for identifying vulnerabilities in the attached libraries) and also creates the
 configuration parameters relevant to the deployment environment.
 - The output of the shipping/packaging tool is then automatically fed to the CD tool, which then deploys the package into the desired environment (e.g., staging, production etc.) [17].

The workflow of the CI/CD pipeline should not create the impression that there is no human element involved. The following teams provide input into the CI/CD pipeline [18]:

- Development team incorporates new features into the application
- Build or integration team creates new CI pipelines and introduces new CI tools and testing tools
- Security team conducts audits and patching
- Infrastructure team creates, maintains, and upgrades the infrastructure
- QA team develops integration test cases
- Deployment team/release team creates pipelines and packages for various environments (UAT/PreProd/Prod) and performs configuration and provisioning appropriate for these environments
- 721 Some of the many activities performed by these teams include the customization, update, and
- enhancement of the tools employed in the CI/CD pipeline (e.g., updating the static vulnerability
- analysis tool with the latest database of known vulnerabilities etc.). Caution should be exercised
- during manual operations so that they do not block pipelines. Targets for mean time to production
- should be set up while also mitigating risks, such as insider threats, through the use of "merge
- requests" and multiple approvers in merge requests.



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Figure 2 - Examples of Tools involved in CI/CD Pipeline Tasks

- 729 This pipeline is designed, maintained, and executed by the post-release team who in addition to
- monitoring functions performs other processes, such as compliance management, backup
- 731 processes, and asset tracking [19].
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733 **3.3.4 Strategies for Automation**

- 734 Compared to other models of software development, which involve a linear progression from
- coding to release, DevOps uses a forward process with a delivery pipeline (i.e., build/secure,
- ship/package, and release) and a reverse process with a feedback loop (i.e., plan and monitor) that
- form a recursive workflow. The role of automation in these activities is to improve this workflow.
- Continuous integration emphasizes testing automation to ensure that the application is not broken
 whenever new commits are integrated into the main branch. Automation results in the following
- 740 benefits:
 - Generation of data regarding software static and runtime flows
 - Reduction of development and deployment times
 - Better utilization of the team's expertise by assigning routine tasks to the tools
- 744 The following strategies are recommended [22] for automation so as to facilitate better utilization
- of organizational resources and derive the greatest benefit in terms of an efficient, secure
- 746 application environment.
- 747 <u>Choice of Activities to Automate</u>: For example, the following are productive candidates for the
 748 automation of testing activities.
 749 Testing of modules whose functions are subject to regulatory compliance (e.g., PCI-DSS
 - Testing of modules whose functions are subject to regulatory compliance (e.g., PCI-DSS, HIPAA, Sarbanes-Oxley)
 - Tasks that are repetitive with moderate to high frequency
- Testing of modules that perform time-sequenced operations, such as message publishers
 and message subscribers
 - Testing of workflows (e.g., request tracing) involving transactions that span multiple services
 - Testing of services that are resource-intensive and likely to constrict operations

After choosing the candidates for automation based on the above criteria, the usual risk analysis
 must be applied to choose a subset that provides an optimum return on investment and maximizes
 desirable security metrics (e.g., defense in depth). Some recommended strategies include:

- Using the cost-benefit ratio in hours saved per year to prioritize which processes to automate [22]
- Using key performance indicators (KPI) (e.g., mean time to identify faults or problems, rectify, or recover) as markers to refine the DevSecOps processes [22]
- Based on the application, applying different weights to infrastructure services (e.g., authorization and other policies enforcement, monitoring of system states to ensure secure runtime states, network resilience in terms of system availability, latency, etc.) to determine the allocation of resources to DevSecOps processes

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768 **3.3.5 Requirements for Automation Tools in CI/CD Pipelines**

The main utility of a performance testing tool is to identify the root cause of an issue, such as
 application response time or a bottleneck operation. The desirable features of this class of tool
 are:

- Easy integration into developers' CI/CD pipelines, which enables this class of tools to be
 an integral part of the DevSecOps process rather than one managed by a central platform
 engineering or site reliability engineering team that could become hamper deployments
- An accessible interface that can be used by all participants involved in the software
 release workflow and have features that analysts/engineers can use to perform insightful
 analyses into specific datasets
- Coverage for a wide variety of back-end infrastructure components in multiple clouds as
 well as on premises; this abstraction feature is now natively present in container
 orchestration and resource management platforms (e.g., Kubernetes) or through stacks
 (e.g., vSphere or OpenStack)

782 The security automation tools for various functions (e.g., static vulnerability analysis, dynamic 783 vulnerability analysis, software composition analysis) used in CI/CD pipelines need to have 784 different interface and alerting/reporting requirements since they have to operate seamlessly 785 depending on the pipeline stage (e.g., build, package, release) at which they are used. These 786 requirements are:

- Security automation tools should work with integrated development environment (IDE) tools and help developers prioritize and remediate static vulnerabilities. These capabilities are needed to facilitate developer adoption and improve productivity.
- Security automation tools should be flexible to support specific workflows and provide
 scaling capabilities for security services.
- Tools that perform static vulnerability checks at the build phase ensure safe data flows,
 and those that perform dynamic vulnerability checks ensure safe application states during
 runtime.

795 4 Implementing DevSecOps Primitives for the Reference Platform

Various CI/CD pipelines are involved in the reference platform (i.e., microservices-based
application with service mesh that provides infrastructure services). Though the reference
application is a microservices-based application, the DevSecOps primitives can be applied to
monolithic applications as well as applications that are both on-premises and cloud-based (hybrid
cloud, single public cloud, and multi-cloud).
The application architecture consists of other functional elements (in addition to elements for

housing executable application code and providing application services) such as for infrastructure resources, runtime policies, and continuous monitoring of the health of the application, which can all be deployed through declarative codes. Hence, separate CI/CD pipelines can be created for all of these code types as well. These five code types will first be considered in the context of the reference platform followed by separate sections that will describe the associated CI/CD pipelines.

- 1. Code types in the reference platform and associated CI/CD pipelines (Section 4.1)
- 810 2. CI/CD pipeline for application code and application services code (Section 4.2)
- 811 3. CI/CD pipeline for infrastructure as code (IaC) (Section 4.3)
- 812 4. CI/CD pipeline for policy as code (Section 4.4)
- 5. CI/CD pipeline for observability as code (Section 4.5)
- 814

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815 Implementation issues for all CI/CD pipelines irrespective of code types will be addressed in the 816 following sections:

- Securing the CI/CD pipelines (Section 4.6)
- Workflow models in the CI/CD pipelines (Section 4.7)
- Security testing in the CI/CD pipelines (Section 4.8)
- 819 820

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821 This section will also consider the overall benefits of DevSecOps with a subsection on specific

advantages in the context of the reference platform and the ability to leverage DevSecOps for continuous authorization to operate (C-ATO) in Sections 4.9 and 4.10, respectively.

824 **4.1 Code Types in Reference Platform and Associated CI/CD Pipelines**

- 825 The constituent components of the code types in the reference platform are:
- 826 1. Microservices-based application component (implemented as a series of containers),
- which contains the application logic (e.g., interacting with data, performing transactionsetc.) and the application code
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 830
 2. Infrastructure component (containing computer, networking, and storage resources) whose constituents can be provisioned using infrastructure as code
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 831
 3. Service mesh component (implemented through a combination of control plane modules and service proxies), which provides application services, enforces policies (e.g., authentication and authorization), and contains application services code and policy as code
- 4. Monitoring component (modules involved in ascertaining the parameters that indicate the
 health of the application), which performs functions (e.g., log aggregation, the generation

837 of metrics, the generation of displays for dashboard, etc.) and contains observability as838 code

The DevSecOps methodology for developing, testing, delivering, and deploying these five types
of codes (i.e., application, application services, infrastructure, policy, and monitoring) requires
the corresponding pipelines:

- CI/CD pipelines for application code and application services code the former contains the data and application logic for a specific set of business transactions while the latter contains code for all services such as network connections, load balancing, network resilience etc.
- 846 CI/CD pipeline for infrastructure as code (IaC) – The process of writing the code for ٠ 847 provisioning and configuring the steps of infrastructure resources to automate application deployment in a repeatable and consistent manner [23]. This code is written in a 848 849 declarative language and – when executed – provisions, de-provisions, and configures the 850 infrastructure for the application that is being deployed. This type of code is like any other 851 code found in an application's microservice except that it provides an infrastructure 852 service (e.g., provisioning a server) rather than a transaction service (e.g., payment 853 processing for an online retail application).
- 854 CI/CD pipeline for policy as code – Describes many policies, including security policies, • as executable modules [24]. One example is the authorization policy, the code for which 855 856 contains verbs or artifacts specific to the policy (e.g., allow, deny etc.) and to the domain where it applies (e.g., REST API with verbs such as method [GET, PUT, etc.], path, etc.). 857 858 This code can be written in a special-purpose policy language, such as Rego or WASM, 859 or languages used in regular applications, such as Go. This code may have some overlap 860 with the configuration code of IaC. However, for implementing policies associated with 861 critical security services that are specific to the application domain, a separate policy as 862 code that resides in the policy enforcement points (PEPs) of the reference platform is 863 required.
- 864 CI/CD pipeline for observability as code – The ability to infer a system's internal state • 865 and provide actionable insights into when and, more importantly, why errors occur within a system. It is a full-stack observability that includes monitoring and analytics, as well as 866 867 offers key insights into the overall performance of applications and the systems hosting 868 them. In the context of the reference platform, observability as code is the portion of the code that creates agencies in proxies and creates functionality for gathering three types of 869 870 data (i.e., logs, traces, and telemetry) from microservices applications [25]. This type of 871 code also supplies or transfers data to the external tools (e.g., log aggregation tool that 872 aggregates log data from individual microservices, provides analysis of tracing data for bottleneck services, generates metrics that reflect the application health from telemetry 873 874 data, etc.). Brief descriptions of the three functions enabled by observability as code are:
- 875 876

1. **Logging** captures detailed error messages, as well as debugs logs and stack traces for troubleshooting.

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 2. Tracing follows application requests as they wind through multiple microservices to complete a transaction in order to identify an issue or performance bottleneck in a distributed or microservices-based ecosystem.
- 880 881
- 3. **Monitoring, or metrics,** gathers <u>telemetry</u> data from applications and services.
- 882 The policy and observability code types span the following components of the service mesh.
- Proxies (ingress, sidecar, and egress): These house encoding policies related to session establishment, routing, authentication, and authorization functions.
- Control plane of the service mesh: This houses code for relaying telemetry information
 from services captured and sent by proxies to specialized monitoring tools, authentication
 certificate generation and maintenance, updating policies in the proxies, monitoring
 overall configuration in the service orchestration platform for generating new proxies, and
 deleting obsolete proxies associated with discontinued microservices.
- External modules: These house modules that perform specialized functions at the application and enterprise levels (e.g., such as the centralized authorization or entitlement server, the centralized logger, monitoring/alerting server status through dashboards, etc.) and build a comprehensive view of the application status. These modules are called by code from the proxies or the control plane.

4.2 CI/CD Pipeline for Application Code and Application Services Code

896 Application code and application services code reside in the container orchestration and resource 897 management platform, and the CI/CD software that implements the workflows associated with it 898 usually reside in the same platform. This pipeline should be protected using the steps outlined in 899 Section 4.6, and the application code under the control of this pipeline should be subject to the 900 security testing described in Section 4.8. Additionally, the orchestration platform on which the 901 application resides should itself be protected using a runtime security tool (e.g., Falco) [32] that 902 can read OS kernel logs, container logs, and platform logs in real-time and process them against a 903 threat detection rules engine to alert users of malicious behavior (e.g., creation of a privileged 904 container, reading of a sensitive file by an unauthorized user, etc.). They usually come with a set 905 of default (predefined) rules over which custom rules can be added. Installing them on the 906 platform spins up agents for each node in the cluster, which can monitor the containers running in 907 the various pods of that node. The advantage of this type of tool is that it complements the existing 908 platform's native security measures, such as access control models and pod security policies, that

909 prevent violations of security by actually detecting them when they occur [32].

910 **4.3. CI/CD Pipeline for Infrastructure as Code**

- 911 Infrastructure as code (IaC) involves codifying all software deployment tasks (allocation of type
- 912 of servers, such as bare metal, VMs or containers, resource content of servers) and the
- 913 configuration of these servers and their networks. The software containing this code type is also
- called a resource manager or deployment manager. In other words, IaC software automates
- 915 management of the whole IT infrastructure life cycle (provisioning and de-provisioning of
- 916 resources) and enables a programmable infrastructure. The integration of this software as part of

- 917 the CI/CD pipeline not only results in agile deployment and maintenance but also in a robust
- 918 application platform that is secure and meets performance needs.
- 919
- 920 The conventional approach to allocating infrastructure for applications consists of initially
- 921 provisioning compute and networking resources with configuration parameters and ongoing tasks
- 922 such as patch management (e.g., OS and libraries), establishing conformity to compliance
- 923 regulations (e.g., data privacy), and making drift correction (where the current configuration no
- 924 longer provides the intended operational state).
- 925

926 Infrastructure as code (IaC) is a declarative style of code that encodes computer instructions that 927 encapsulate the parameters necessary to deploy virtual infrastructure on a public cloud service or 928 private data center via a service's management APIs [33]. Depending on the particular IaC tool, 929 this language can either be a scripting language (e.g., Go, JavaScript, Python, TypeScript, etc.) or

- 930 a proprietary configuration language (e.g., HCL) that may or may not be compatible with
- 931 standardized languages (e.g., JSON). The basic unit of these instructions is called "configuration"
- 932 and tells the system how to provision and manage infrastructure (whether that is an individual
- 933 compute instance or a complete server, such as physical servers or virtual machines), containers,
- 934 storage, network connections, connection topology, and load balancers. [34]. In some cases, the
- 935 infrastructure may be short-lived or ephemeral, and the lifespan of the infrastructure (whether
- 936 immutable or mutable) does not warrant continued configuration management. Provisioning
- 937 could be tied to individual commits of application code using tools that can connect application 938 code and infrastructure code in way that is logical, expressive, and familiar to development and 939 operations teams, where application code increasingly defines the infrastructure resource
- 940 requirements for a cloud application [35].
- 941 942 4.3.1 Comparison of Configuration and Infrastructure
- 943

944 Infrastructure is often confused with configuration [34], which maintains computer systems,

945 software, dependencies, and settings in a desired, consistent state. For example, putting a newly 946 purchased server onto a rack and connecting it to the switches so that it is connected to the existing 947 networks (or launching a new virtual machine and assigning network interfaces to it) belongs to 948 the definition of "infrastructure." In contrast, after the server is launched, installing an HTTP 949 server and configuring it belongs to configuration management. In physical data centers, specific 950 teams purchase servers, install servers, and connect networking cables with the underlying

951 infrastructure in mind.

952 953 4.4 CI/CD Pipeline for Policy as Code

954 Policy as code involves codifying all policies and running them as part of the CI/CD pipeline so 955 that they become an integral part of the application runtime. Examples of policy categories 956 include authorization policies, networking policies, and implementation artifact policies (e.g.,

957 container policies). Policy management capabilities in a typical "policy as code software" may

958 come with a set of predefined policy categories and policies and also support the definition of

959 new policy categories and associated policies by providing policy templates [36].

960 Some examples of policy categories and associated policies are given in

961 Table 1 below.

962

Table 1: Policy Categories and Example Policies

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Policy Category	Example Policies
Networking policies and zero trust policies	Blocking designated portsDesignating ingress host names
Implementation artifact policies (e.g., container policies)	 Ensuring that containers do not run as root Blocking privilege escalation for containers
Storage policies	Set persistent volume sizesSet persistent volume reclaim policies
Access control policies	Ensure that policies cover all data objectsEnsure that there are no policy conflicts
Supply chain policies	Allow only approved container registriesAllow only certified libraries

964 The policies defined in the "policy as code software" may translate into the following in the 965 application infrastructure:

- Runtime configuration parameters
- Policy-enforcing executable (e.g., WASM in service proxies)
- Triggers for calling an external policy decision module (e.g., calling an external authorization server for an allow/deny decision based on the evaluation of access control policies relevant to the current access request)

971 **4.5 CI/CD Pipeline for Observability as Code**

972 Observability as code deploys a monitoring agent in each of the application's service components 973 to collect the three types of data (described in Section 4.1), send them to specialized tools that correlate them, perform analysis, and display the analyzed consolidated data on dashboards to 974 975 present an overall application-level picture [20]. An example of such consolidated data are log 976 patterns, which provide a view of log data that is presented after the log data are filtered using some criterion (e.g., a service or an event). The data are grouped into clusters based on common 977 978 patterns (e.g., based on timestamp or range of IP addresses) for easy interpretation. Unusual 979 occurrences are identified, and those findings can then be used to steer and accelerate further

980 investigation [21].

981 **4.6 Securing the CI/CD Pipeline**

- 982 There are some common implementation issues to be addressed for CI/CD pipelines irrespective
- 983 of code type. The first security involves securing the artifacts, including hardening the servers

- 984 and nodes used for generating the build and establishing the authenticity of the build components.
- 985 Securing the processes involves the assignment of roles for operating the build tasks. Automation
- 986 tools (e.g., Git Secrets) are available for this purpose. The following security tasks should be 987 performed when securing the CI pipeline [26]:
- 988
- Authentication and validation in code and build repositories 989 • Logging all activities associated with code and build updates
- 990 • Sending build reports to developers and stopping everything if a build fails
- 991 • Sending build reports to security and stopping everything if the audit or validation fails
- 992 Securing the CD pipeline involves the following:
 - Multi-party signing with TUF and in-toto to sign each CD pipeline phase
- 994 Signing the final artifacts with multiple phase keys to ensure that no one bypasses the 995 pipeline

996 4.7 Workflow Models in CI/CD Pipelines

997 The next common issue involves workflow models. All CI/CD pipelines can have two types of 998 workflow models, which depend on the automated tools that are deployed as part of the pipeline.

- 1. Push-based model
- 2. Pull-based model
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1002 In the CI/CD tools that support the push-based model, changes made in one stage or phase of the 1003 pipeline trigger changes in the subsequent stages and phases. For example, through a series of 1004 encoded scripts, the new builds in the CI system trigger changes to the CD portion of the pipeline 1005 and thus change the deployment infrastructure (e.g., Kubernetes cluster). The security downside 1006 of using the CI system as the basis for change in deployments is the possibility of exposing 1007 credentials outside of the deployment environment in spite of best efforts to secure the CI scripts, 1008 which operate outside of the trusted domain of the deployment infrastructure. Since CD tools 1009 have the keys to production systems, push-based models are rendered insecure. A pull-based 1010 model, which typically uses a GitOps repository for storing the source code and builds, is 1011 therefore highly recommended.

- 1012 In a pull-based workflow model, an operator that pertains to the deployment environment (e.g.,
- 1013 Kubernetes Operator, Flux, ArgoCD) pulls new images from inside of the environment as soon as
- 1014 the operator observes that a new image has been pushed to the registry. The new image is pulled
- 1015 from the registry, the deployment manifest is automatically updated, and the new image is
- 1016 deployed in the environment (e.g., cluster). Thus, the convergence of the actual deployment
- 1017 infrastructure state with the state declaratively described in the Git deployment repository is
- 1018 achieved. Additionally, the deployment environment credentials (e.g., cluster credentials) are not
- 1019 exposed outside of the production environment.

1020 4.7.1 GitsOps Workflow Model for CI/CD – A Pull-based Model

1021 The GitOps workflow model is an improvement on the CI/CD pipeline (for the delivery portion 1022 of the pipeline), which uses a pull-based workflow model instead of the push-based model

1023 supported by many CI/CD tools. In this model, the CI portion of the pipeline is unchanged since

the CI engine (e.g., Jenkins, GitLab CI) is still used for creating builds for the changed code,

- 1025 regression testing, and integrating/merging with the main source code in the relevant repositories,
- though it is not used to trigger continuous delivery (push updates directly) in the pipeline.
 Instead, a separate GitOps operator manages the deployment based on updates to the main (trunk)
- 1028 code.

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An operator (eg. Flux, ArgoCD) is an actor managed by an orchestration platform and can
inherit the cluster's configuration, security, and availability. The use of this actor improves
security because an agent that lives inside of the cluster listens for updates to all code and image
repositories that it is allowed to access and pulls images and configuration updates into the

1033 cluster. The pull approach used by the agent has the following security features:

- ONLY carry out operations permitted by authorization policies defined in the orchestration platform; trust is shared with the cluster and not managed separately
- Bind natively to all orchestration platform objects, and know whether operations have
 completed or need to be retried

1038 **4.8 Security Testing – Common Requirement for CI/CD Pipelines for All Code Types**

The last common issue is security testing. Whatever the code type is, the CI/CD pipelines of
DevSecOps for microservices-based infrastructure with service mesh should include application
security testing (AST) enabled by either automated tools or offered as a service. These tools
analyze and test applications for security vulnerabilities. According to Gartner, there are four
main AST technologies [27]:

- 10441. Static AST (SAST) tools analyze an application's source, bytecode, or binary code for1045security vulnerabilities, typically at the programming and/or testing software life cycle1046(SLC) phases. Specifically, this technology involves techniques that look through the1047application in a commit and analyze its dependencies [28]. If any dependencies contain1048issues or known security vulnerabilities, a commit will be marked as insecure and will not1049be allowed to proceed to deployment.
- 1050 2. Dynamic AST (DAST) tools – analyze applications in their dynamic, running state during 1051 testing or operational phases. They simulate attacks against an application (typically webenabled applications, services, and APIs), analyze the application's reactions, and 1052 determine whether it is vulnerable. In particular, DAST tools go one step further than 1053 SAST and spin up a copy of the production environment inside the CI job in order to scan 1054 1055 the resulting containers and executables [28]. The dynamic aspect helps the system catch 1056 dependencies that are being loaded at launch time, such as those would not be caught by 1057 SAST.
- Interactive AST (IAST) tools combine elements of DAST with the instrumentation of
 the application under test. They are typically implemented as an agent within the test
 runtime environment (e.g., instrumenting the Java Virtual Machine [JVM] or .NET CLR)
 that observes operations or identifies and attacks vulnerabilities.

Software composition analysis (SCA) tools – are used to identify open-source and third party components in use in an application, their known security vulnerabilities, and
 typically adversarial license restrictions.

4.8.1 Functional and Coverage Requirements for AST tools

- 1066 In general, the overall metrics that testing tools (including the specific class of AST tools) should 1067 satisfy are [29]:
- Increase the quality of application releases
- Integrate with the tools that developers are already using
 - Be as few test tools as possible but provide the necessary coverage risk
 - Lower-level unit tests at the API and microservices level should have sufficient visibility to determine coverage
- Higher-level UI/UX and system tests
- Have deep code analysis capabilities to detect runtime flaws
- 1075 Increase the speed at which the releases can be done
- 1076 Be cost-efficient

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1077 The functional requirements for AST tools in particular are that perform the following types of scans [30]:

- Vulnerability scans: Probe applications for security weaknesses that could expose them to attacks
- **Container image scans:** Analyze the contents and build process of a container image in order to detect security issues, vulnerabilities, or deficient practices
- **Regulatory/compliance scans:** Assess adherence to specific compliance requirements
- 1084 The vulnerability scans are to be performed whenever the code in GitHub is revised to ensure that 1085 the current revision does not contain any vulnerable dependencies [31].
- 1086 The desirable features of AST tools and/or services, along with techniques for behavioral 1087 analysis, are [27]:
 - Analyze source, byte, or binary code
- Observe the behavior of apps to identify coding, design, packaging, deployment, and runtime conditions that introduce security vulnerabilities
- Scanning *application code* for security vulnerabilities and misconfiguration as part of CI/CD
 pipeline tasks should involve the following artifacts:
 - Container images should be scanned for vulnerabilities.
 - Filesystems should be scanned for both vulnerabilities and misconfigurations.
- Git repositories should be scanned for both vulnerabilities and misconfigurations.

1096	Container images include OS packages (e.g., Alpine, UBI, RHEL, CentOS, etc.) and language-
1097	specific packages (e.g., Bundler, Composer, npm, yarn, etc.)

1098 Scanning *Infrastructure-as-code* for security vulnerabilities reduces the operations workload by

- 1099 preventing those vulnerabilities from making it to production, although it cannot replace runtime 1100 security since there will always be the risk of drift. The infrastructure-as-code files can be found 1101 in the following:
- In the container orchestration platform itself to facilitate deployments (e.g., Kubernetes
 YAML infrastructure-as-code files)
- In the dedicated infrastructure-as-code files found as part of CI/CD pipeline software
 (e.g., HashiCorp Terraform infrastructure-as-code files, AWS CloudFormation
 infrastructure-as-code files)
- 1107 Both *application services code*, *policy-as-code*, and *observability-as-code files* can be found in 1108 the data plane and control plane components of the dedicated application services component 1109 (e.g., service mesh) and should be scanned for both security vulnerabilities (e.g., information 1110 leakage in authorization policies) and misconfiguration.

1111 **4.9 Benefits of DevSecOps Primitives to Application Security in the Service Mesh**

1112 The benefits of DevSecOps include [37]:

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- Streamlined software delivery and deployment processes
- Reduction of the number of silos between IT groups
 - Reduction of attack surfaces by implementing zero trust down to the container level
- Introduction of moving target defenses by threating containers as cattle versus pet and going back to an immutable state
 - Reduction of lateral movement capabilities by leveraging zero trust and continuous monitoring with modern behavior prevention capabilities
- Increased communications between team members and other stakeholders
 - Faster incorporation of feedback, resulting in quicker software improvements
- Automation of repetitive, manual tasks, leading to increased efficiency
- 1123 Less downtime and faster time to market
 - Infrastructure for continuous software development and delivery (as well as admission controller and the use of OPA to add guard rails to the runtime)

1126 As already stated, the primary goal of DevSecOps is to have a platform that ensures runtime 1127 security of microservices-based applications. Runtime security is assured through the following:

(a) Validation of every request: Every request from a user or client application (service) is 1128 authenticated and authorized (using mechanisms such as Open Policy Agent [OPA] or any 1129 1130 external authorization engine), and admission controllers that are integral parts of the platform. While authorization engines provide application domain-specific policy 1131 enforcement, admission controllers provide platform-specific policy relating to end-point 1132 objects of a specific platform (e.g., pods, deployment, namespaces). Specifically, 1133 1134 admission controllers mutate and validate. Mutating admission controllers parse each 1135 request and make changes to the request (mutate) before forwarding it down the chain. An 1136 example is setting default values for specifications that are not set by a user in the request 1137 so as to ensure that workloads running on the cluster are uniform and follow a particular

- standard defined by the cluster administrator. Another example is adding a specific
 resource limit for the pod (if the resource limits are not set for that pod) and then
 forwarding it down the chain (mutate the request by adding this field if it is not present in
 the request). By doing so, all of the pods in the cluster will always have a resource limit set
 according to a specification unless explicitly stated. Validating admission controllers reject
 requests that do not follow a particular specification. For example, none of the pod requests
 can have security context set to run as root user [38].
- 1145 (b) <u>Feedback mechanisms</u>:

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- Provide feedback loops to the application hosting platform (e.g., a notification to kill a pod that contains a malicious container)
- Provide proactive dynamic security by monitoring application configuration (e.g., monitoring new pods/containers introduced into the application and generating and injecting proxies to take care of their secure communication needs)
- Enable several security assertions regarding the application: non-bypassable (policies always enforced under all usage scenarios), trusted and untrusted portions of the overall application code, absence of credential and privilege leaks, trusted communication paths, and secure state transitions
- Enable assertions regarding performance parameters (e.g., network resilience
 parameters, such as continued operation under failures, redundancy and recoverability
 features)

1158 **4.10** Leveraging DevSecOps for Continuous Authorization to Operate (c-ATO)

1159 In the reference platform, the runtime status or execution state of the entire application system is 1160 due to a combination of executions of infrastructure code (e.g., networking routes for inter-1161 service communication, resources provisioning code), policy code (e.g., code that specifies 1162 authentication and authorization policies), and session management code (e.g., code that 1163 establishes an mTLS session, code that generates JWT tokens) as revealed by the execution of 1164 observability as code. The observability as code of the service mesh relays the output from the execution of infrastructure, policy, and session management codes during runtime to various 1165 1166 monitoring tools that generate applicable metrics and log aggregation tools and tracing tools, 1167 which in turn relay their output to a centralized dashboard. The analytics that are integral to the 1168 output of these tools enable system administrators to obtain a comprehensive global view of the 1169 runtime status of the entire application system. It is the runtime performance of a DevSecOps 1170 platform enabled through continuous monitoring with zero trust design features that provides all

- 1171 of the necessary security assurance for cloud-native applications.
- 1172 The activities within the DevSecOps pipelines within the service mesh context that enable 1173 continuous ATO are:
- <u>Checking for compliant code</u>: Checking whether the updated infrastructure, policy, session management, and observability codes are compliant with the chosen risk management framework (e.g., NIST Risk Management Framework) for the enterprise. This will involve tools with risk assessment features, such as the capability to generate

- 1178actionable tasks, specify code-level guidance, and test plans for verifying compliance1179[31].
- Generating a dashboard that displays the runtime status: Using the runtime output of observability code for generating the dashboard that displays the runtime status of the overall application
- 1183 Risk assessment tools should provide complete traceability for all of the artifacts displayed in the
- 1184 dashboard, as well as the reporting capabilities needed for continuous ATO.
- 1185 Dashboard generation tools should enable system administrators to analyze macro-level features,
- as well as dynamically change the composition of the artifacts to be displayed based on the
- 1187 evolving system and consumer needs of the environment in which the application operates.

1188 5 **Summary and Conclusion**

1189 This document provides a comprehensive guidance for the implementation of DevSecOps

primitives for a reference platform hosting a cloud-native application. It includes an overview of 1190

1191 the reference platform and describes the basic DevSecOps primitives (i.e., CI/CD pipelines), its

1192 building blocks, the design and execution of the pipelines, and the role of automation in the

1193 efficient execution of workflows in CI/CD pipelines.

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1195 The architecture of the reference platform, in addition to the application code and the code for

1196 providing application services, consists of functional elements for infrastructure, runtime policies,

1197 and continuous monitoring of the health of the application, the last three of which can be 1198

deployed through declarative codes with separate CI/CD pipelines types. The runtime behaviors

of these codes, the benefits of the implementation for high-assurance security, and the use of the 1199 1200 artifacts within the pipelines for providing a continuous authority to operate (c-ATO) using risk

1201 management tools and dashboard metrics are also described.

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