

## Building a Comprehensive Security Awareness Program:

### If You Build It, They Will Listen

Sherri Balderson, PMP Federal Reserve Bank of Richmond







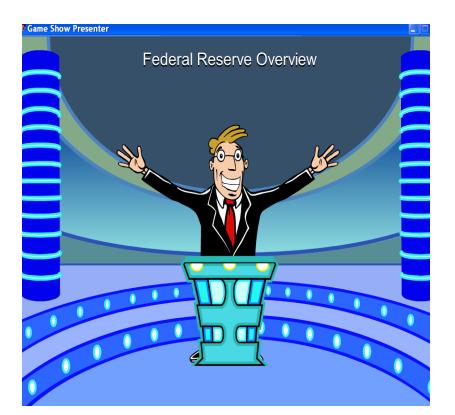
- Federal Reserve Overview
- Awareness Model
  - Decentralized vs. Centralized
- Management Support
- Comprehensive Awareness Program
- Summary
  - Lessons Learned





#### Federal Reserve Overview Game Show

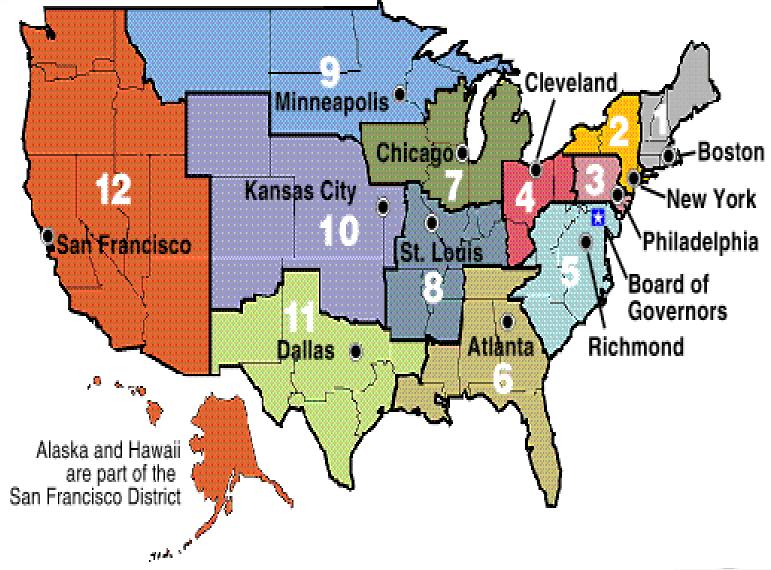
- We'll have
  - Game Show Host
  - Super Model
- Divide into 2 teams
  - "Security Gurus"
  - "Security Aces"
  - Each team answers 2 questions about the Fed
  - Winning team prizes!







#### **Federal Reserve System Structure**





## Decentralized Awareness Model

- Before 2004, 12 Districts conducted separate awareness programs
- Results:
  - Inefficiencies and redundancies
  - Inconsistent content
  - Inconsistent knowledge





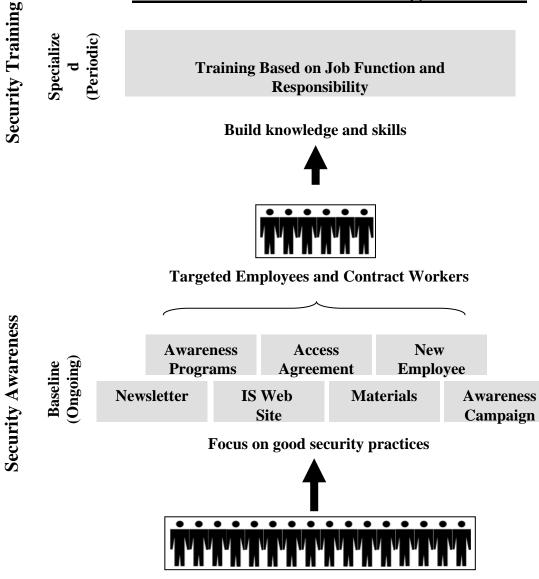
# Centralized Awareness Model

- 2004 Centralize national awareness training
  - Target over 20,000 employees/contractors in 37 offices
- Program Goals
  - Centralize training/aid development and procurement
  - Standardize security awareness and understanding
  - Increase efficiency
  - Capitalize on System expertise where possible
- Results:
  - Efficiencies and Economies of Scale
  - Standard
    - Content based on Policy
    - Training
    - Reporting
    - Communications





#### FR Awareness and Training Overview



**All Employees and Contract Workers** 





# National Support Upper-Level Management

- Obtained commitment and agreement
- Led to increased funding
- Continue seeking support by constantly soliciting feedback





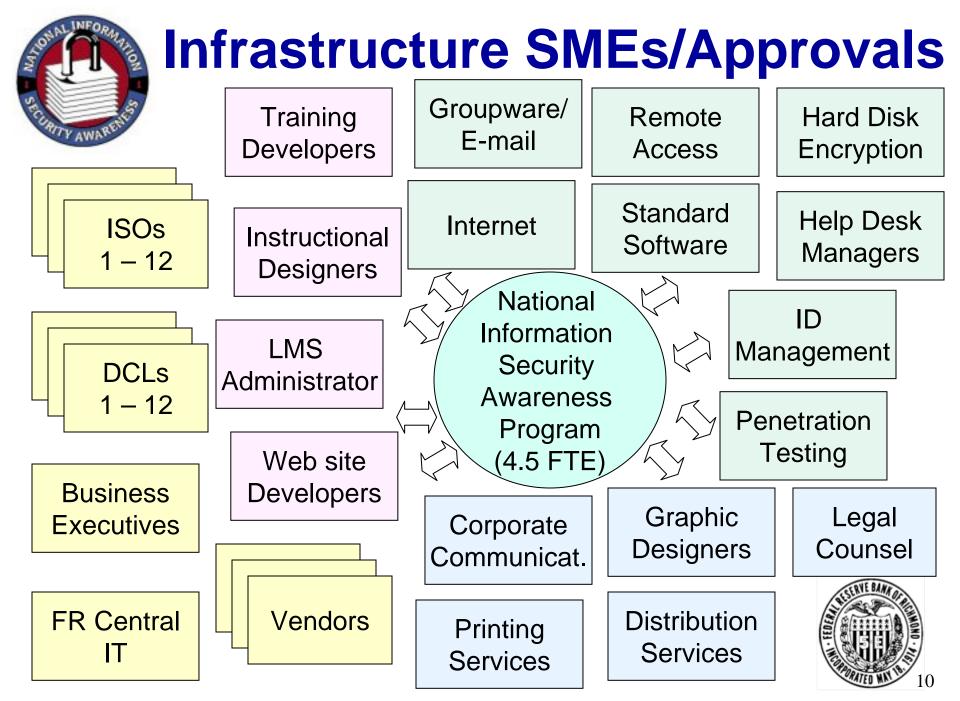


# Local Support District Management

#### Information Security Officer

- Executive level staff responsible for all aspects of information security in the District
- Information Security Awareness Contact(s)
  - Responsible for national awareness program implementation locally







### Newsletter

- In publication since 2004
- Produced quarterly
- Distribute hard copy
- PDF posted to internal Web site
- Subscription service

# Security News for Federal Reserve Employees

#### **Destination: Internet - Travel with Care**



Information Security Week 2006 is coming soon to a Fed near you! Visit the National Information Security Awareness web site (https://nisap.frb. org) every day during your District's week (see complete list at right) and learn more about safe Internet ravels. Play interactive games and answer the question of the day for a chance to win a prize!

the question of the day for a chance to win a prize! IS Week activities will guide you through safe Internet travels by focusing on kids' safety, blogging, malware, phish-

ing and avoiding common web pitfalls.

#### Phishing Hits Home

Were you one of the 73 million adults who received a phishing e-mail between May 2004 and May 2005? Garmer, a leading technology research firm, estimates that nearly 2.4 million online shoppers lost money as a direct result of phishing. Do you know how to avoid being the next victim?

The e-mail message on the right was submitted by an FR employee and is a real example of a phishing e-mail. See if you can find the subtle clues that prove this message is a hoax. Check the back page for answers.

Source: www.cio.com

Information Security Week Schedule:

Monday - Kids' Internet safety Tuesday - Phishing Wednesday - Avoiding common Internet pitfalls Thursday - Blogging Friday - Malware (viruses, spyware and other bad stuff)

February 27-March 3	March 6-10	March 13-17
Cleveland	Chicago	Atlanta
Dallas	St. Louis	Boston
FRIT	San Francisco	Minneapolis
Kansas City		New York
Richmond		Philadelphia

From: payments-messages@amazon.com Sont: Wednesday, October 19, 2005 3:28 AM Subject: Amazon Payments Billing Issue

Greetings from Amazon Payments .

Your bank has contacted us regarding some attempts of charges from your credit card via the Amazon system. We have reasors to believe that you changed your registration thromation or that someone else has unsubforted access to your Amazon accourt Due to recent activity, including possible unauthorated littings placed on your accession, are will require a second confirmation of your identity with us in order to allow us to investigate this matter further, Your account is not suspended, but if in 48 hours after you receive this message your account is not confirmed we reserve the right to suspend your Amazon registration. Amazon is committed to assist law enforcement with any inquires reliated to attempts to misaporportee personal information with the intent to commit four or infet.

To confirm your identity with us click here: https://www.amazon.com/exec/abidos/tlex-sion-in/ref=od\_in\_ow\_r/103-3177084-7557864?cod=co&oaoae=recs/sion-in-secure.html

After responding to the message, we ask that you allow at least 72 hours for the case to be investigated. Emailing us before that time will result in delays. We apologize in advance for any inconvenience this may cause you and we would like to thank you for your cooperation as we review this matter.

Thank you for your interest in selling at Amazon.com

Amazon.com Customer Service http://www.amazon.com



#### Newsletter

#### Columns include

- Did You Know?
- Business Continuity Buzz
- Fresh Facts
- What's Bugging You?
- On the Home Front
- Technical Corner
- Cartoon
- Several Fed articles

#### Phishing Hits Home (contrued from front page)

Phishers are continually finding new ways to fool consumers. This message, for example, looks legit and like it was sent from one of the Internet's most trusted companies: Amazon.com. Fortunately, the employee who received this message noticed some subtle hints that made it seem phishy:

- 1. The extra space before the period. Always check the grammar, spelling, punctuation and writing style of the e-mail message. Businesses go through many editors before publishing something to customers. If you see lots of errors, chances are it is a scam
- 2. Again, there is a punctuation error no period at the end of the sentence.
- 3. The e-mail requests that Amazon not be contacted about this message for 72 hours. Phishers need time to act on the information you've provided and don't want you to discover their scam too soon. Be warv of any

message that does not provide immepurchased, never sold, items on diate contact information Amazon. A lot of scams generalize their wording so they can send it to 4. Finally, the recipient of this message thousands of people without editing it. Look for things that appear was alerted to the line "Thank you for your interest in selling at out of the ordinary or do not apply Amazon.com." This person had only to you

From: payments-messages@amazon.com Sent: Wednesday, October 19, 2005 3:28 AM Sublect: Amazon Payments Billing Issue

Greetings from Amazon Payments

Your bank has contacted us regarding some attempts of charges from your credit card via the Amazon system. We have reasons to believe that you changed your, registration information or that someone else has unauthorized access to your Amazon account Due to recent activity, including possible unauthorized listings placed on your account, we will require a second continuation of your identity with us In order to allow us to investigate this matter further. Your account is not suspended, but if in 48 hours after you receive this message your account is not confirmed we reserve the right to suspend your Amazon registration. Amazon is committed to assist law enforcement with any inquires related to attempts to misappropriate personal information with the intent to commit fraud or theft

To confirm your identity with us click here: https://www.amazon.com/exec/phidos/flew-sign-in/ref-od\_iri\_ov\_r/103-317708/ 75578547ont+oa&page+recs/sign-in-secure html

After responding to the message, we ask that you allow at least 72 hours for the case to be investigated. Emailing us before that time will result in delays. We apologize in advance for any inconvenience this may cause you and we would like to thank you for your cooperation as we review this matter.

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114.000: The number of malware threats detected by Sophos, a leading anti-virus vendor, in 2005. Sophos reports a nearly 50 percent increase in new threats compared to 2004. Malware is any program or file that is harmful to a computer user, including viruses, worms, Trojans, and spyware. Source: sophos.com

#### Kids' Pledge for Online Safety

- Share this online safety pledge with your children have them read and sign it, then post it in a place easily accessible by the entire family. Lwith . Not send my picture.
- Not give out personal information about me or my family, such as my
- address, e-mail address, telephone number or school name.
- . Not meet in person with anyone I first "met" online
- . Not respond to messages that are mean, scary or make me uneasy
- . Not type anything to annoy, harass or hurt other people. . Tell my parents or other adult if something online makes me feel
  - uncomfortable.
- . Talk with my parents so we can set up rules for going online (such as time of day, length of time, and areas I can visit).





# Internal Web site 2007 FISSEA Website Winner

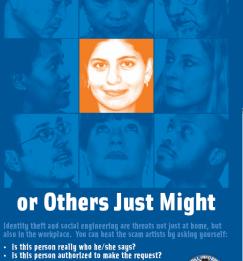
- IS Week
- Internet Safety
  - Kids' Safety
  - Phishing
  - Blogging
  - Malware
  - Other Pitfalls





# **Annual Awareness Campaign**

- Our interpretation of national Computer Security Day
- Each District chooses a week for campaign
- Fun
- Prizes



; remember to quard Bank and personal



- Remove mail from your mailbox promptly.
- Use strong passwords, and change them often. Use current antivirus and firewall software.
- Limit ID and credit cards you carry. Review your credit report annually.





## **Awareness Materials**



Dear PC Traveler,

I'm traveling the Internet and enjoying 'my sale computing journey." Since your trip is coming up, I thought you'd like to hear about mine.

Or Morday, I learned ways to keep my kids safe online. Tuesday was a fur look at phishing— I played a game and tested my knowledge, too. Wedresday was all about avoiding Irternet pitfalls—you know, stuff like ID theft and privacy. Looking forward to Thursday and Friday which promise a peek at blogging and malware. Ive enjoyed the interactive games and even won some instart prizes.

So, grab your passport and take off for Destination: Internet!

Travel with Care, Your Secure Frierd

hlluu lluu lluu hti





PC Traveler

Federal Reserve





I.I.I.I.I.I.I.I.I.III...I





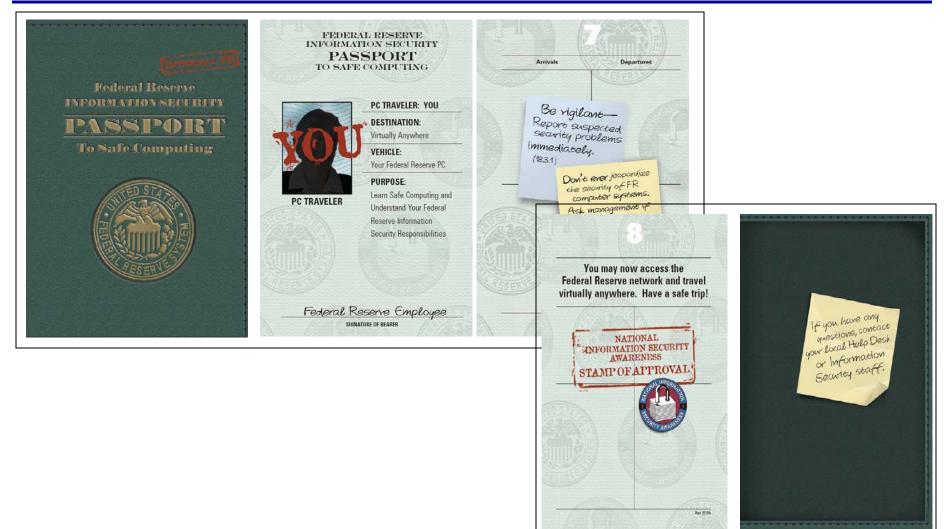
#### **Awareness Materials**

#### 862 43 Month 123 家 the second Information 2 Cash **Security Week Destination:** Internet 46.2 FK Home Internet **Travel with Care** 2006 Federal Reserve PC traveler, you already have February FK Work Internet your Passport to Safe Computing. Now, get March ready for the rest of your journey. Visit the National Information Security Awareness web site ( every day this week 862 750 152 V **Dates Label Goes Here** 431 1123 / --to learn more about safe Internet travels. Answer the question of the day for a chance to win instant prizes! Monday – Kids' Internet Safety Tuesday – Phishing Wednesday – Avoiding Internet Pitfalls Thursday – Blogging Friday – Malware (viruses, spyware and other bad stuff) NATIONAL AWARENESS PASSPORT STAMP OF APPROVAL to Safe Compation http

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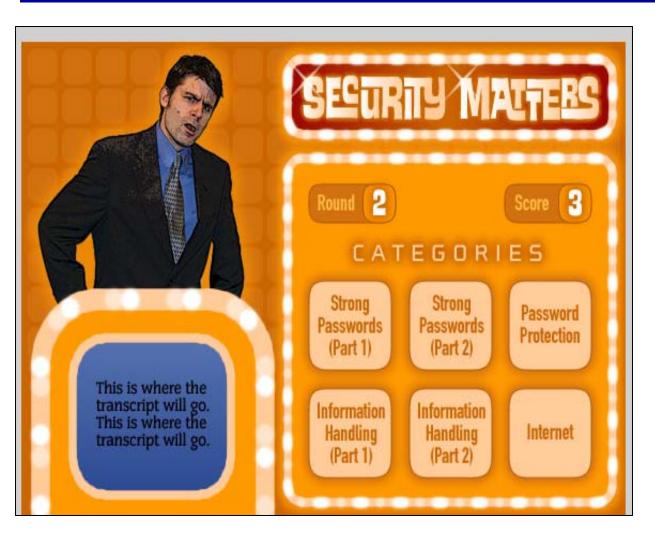


### **Awareness Materials**





## Require All-Employee Training "Security Matters"



- Pretest
  - 16 Questions
  - Gameshow or Text
  - Test out or N/A
- 18 Lessons
- Runs in LMS
- Access Agreement
- Summary
- Evaluation
- Certificate





# Required All-Employee Training "Security Matters"

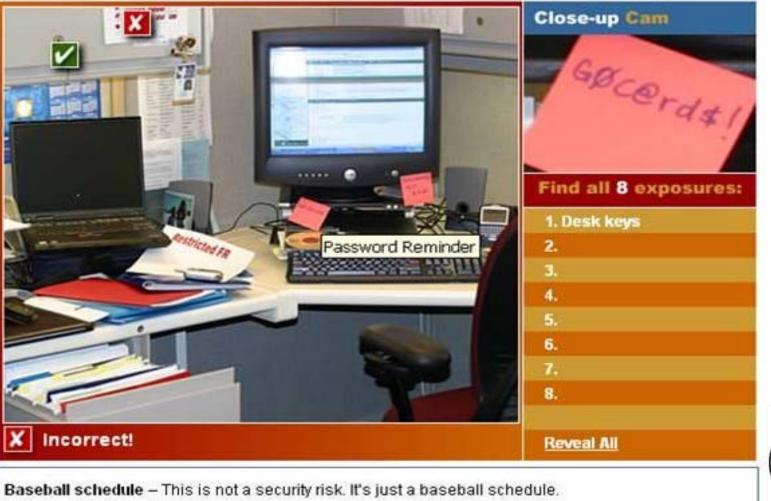
INFORMATION SECURITY SECURITY MATTERS						
Start						
Passwords	Following is an excerpt from a hypothetical Fed employee's personal blog. Each paragraph is a clickable					
Information Prote	item. Click YES or NO next to the paragraphs to indicate whether or not it is permissible for the employee to					
🗸 Social Engineer						
Public Forums	Joe's Blog					
✓ <u>VVelcome</u>	YES NO Just letting you know what's going on at the Fed these days. I was just named					
✓ Objectives	O lead examiner for Alabama Commercial Bank. I finally get a real project.					
<ul> <li>Sharing Information</li> </ul>	We're having a food drive next week. I make sure everyone gets to donate items					
✓ <u>Exercise</u>	YES NO If they want. I bet non-Fed employees could donate if they wanted. <u>Click here</u> for					
Public Forum Rist						
<ul> <li>✓ <u>Summary</u></li> <li>Assessment</li> </ul>	YES NO OUR friend Kenny needs a job. I told him to check our public web site daily for new jobs.					
✓ Classification Categories	<ul> <li>C [ Jubs.</li> <li>YES NO</li> <li>Football season's almost here! Maybe my team will be a winner this year.</li> </ul>					
🖌 Information Han						
✓ Highly Classifier Documents	J Until next time, J Joe					
✓ E-mail and High Classified Docu	YES NO Work E-mail:Joe.F.Employee@xx.frb.org					
✓ Hidden Data in Documents	Work Phone: 111.222.3333					
Fed Computing Systems	POSTED AT 11:58 AM 4 COMMENTS					
Home Use (Option	al) Submit Answers					
<ul> <li>Responsibility</li> <li>Statement</li> </ul>						
■ Finish	STOP! After you complete the assessment, use the     Course Checklist button at the top of this page to find					
SAVE & EXIT	Course Checklist button at the top of this page to find the next lesson you need to complete.					
	If you alial black before it will take you to the proof to come					

- Passwords
- Internet
- Public Forums
- E-mail
- Classified Information
- Personal Use
- Unauthorized Software
- Social Engineering
- Workstations Security
- Tokens/Smart Cards
- Mobile Devices
- Home Use...





#### **New Employee Training** 2007 FISSEA Training Exercise Winner



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#### **New Employee Training** 2007 FISSEA Training Exercise Winner



**Password** – Avoid writing down your password. If you must write it down, store it in a secure location (a locked drawer or cabinet) where no one else can access it. Otherwise, anyone could access your workstation and data.





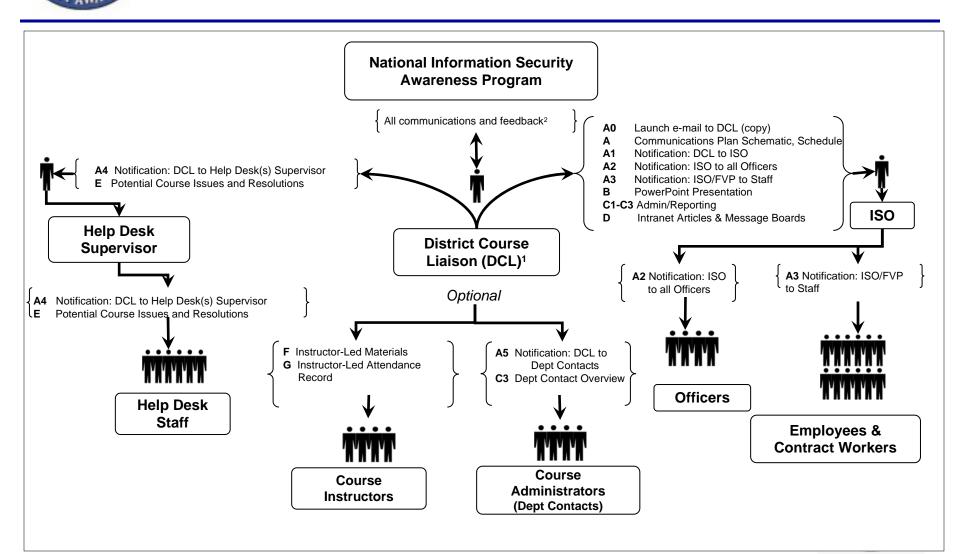
#### **Targeted Training** Security Awareness for Technical Staff

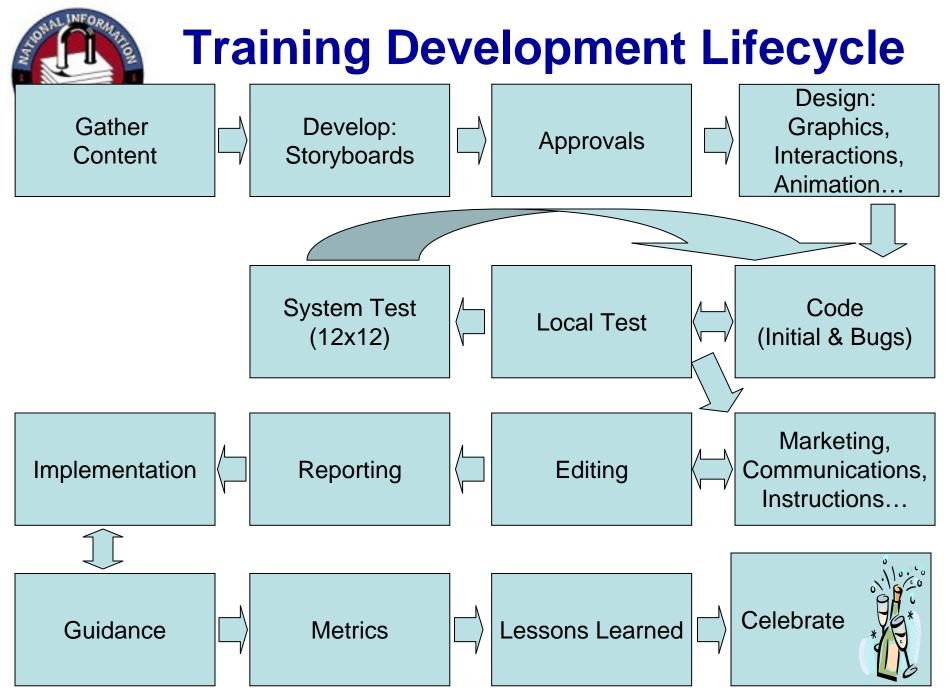
stion 1 of 5:	
	ds, (drag/drop the phrases g phrases on the left by placing e left block)
Make them	blank or default passwords
Don't use	if storing electronically
Use approved encryption	challenge response questions
Use strong	( strong
Follow the security specifications on	password
	Sutmit

- For anyone in IT
- Best Practices
- OPSEC Operational Security
- Used inexpensive, off-the shelf tool
  - PowerPoint with audio, cartoons, quizzes, links to references
  - Delivered from LMS



# Communications

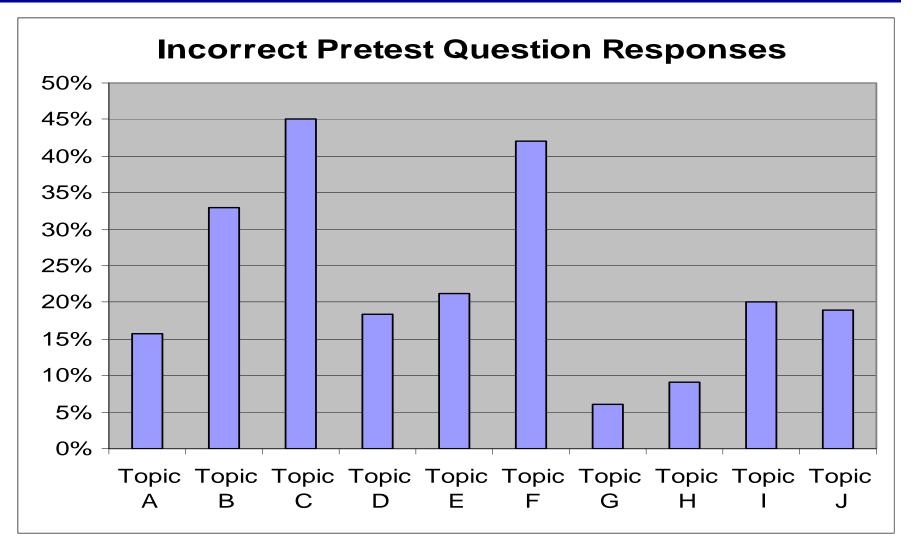




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# **Metrics**

- Quality of course
- Ability to understand
- New knowledge
- Technology
- Overall course
- Comments
  - Liked most
  - Liked least
  - Overall

ratings key: 1=Poor, 2=Fair, 3=Good, 4=Very Good, 5=Excellent						
Moradoe			% of users who rated it			
Averages			3	4	5	Total
Total Evaluations:	14434					
Minutes Spent:	43.3					
Quality of Information:	4.0		19.8%	46.8%	29.4%	96.0%
Ability to Understand:	4.3		12.0%	45.4%	41.4%	98.8%
New Knowledge:	3.5		41.7%	41.7%	9.4%	92.8%
Technology:	4.4		10.2%	36.3%	51.5%	98.0%
Overall Course Rating:	4.0		20.3%	46.5%	28.4%	95.3%

Select A District to see District stats and comments:

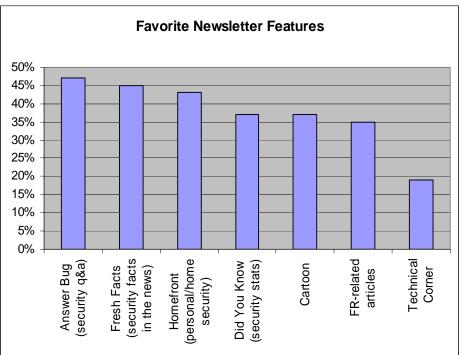
System



# **Metrics**

Newsletter Topics Readers Want To Learn More About... 70% • 60% 50% 40% 30% 20% 10% 0% ID THEIT IS A BUSS SECURITY POINTEES BUSS Honesalety Phishing other

 68% prefer paper format vs. electronic





## Instructor-led vs. E-learning Cost Comparison

	Instructor Led	e-learning v1	e-learning vX
Analysis	156h	80h	60h
Design	520h	200h	200h
Development	520h	200h	200h
Implementation	1,425h	1,040h	1,040h
Evaluation	260h	20h	20h
Consumption	21,850h	14,250h	14,250h
Effectiveness	60%	75%	90%
Consistency	50%	100%	100%
Cost/employee	\$270.94	\$104.24	\$90.67





#### Summary Lessons Learned

- Test, test, & test again
- Build Strong Partnerships
- Use Subject Matter Experts
  - Use Security At Home
  - Use Games & Freebies
    - Federal Government
    - TV Programs

- Work with Corporate Communications
- Use Well Planned,
   Detailed & Tested
   Communications
- Aim for Eighth Grade
   Reading Level
- Keep it Simple
- Think "Fun"





## **Free Resources**

- US Postal Inspector General
  - <u>www.2smrt4u.com</u>
  - Videos (e.g., "Identity theft: How bad people get good credit")
- <u>www.onguardonline.gov</u>
- www.lookstoogoodtobetrue.com
- FTC Defend, Detect, Defer campaign
  - <u>www.ftc.gov/bcp/edu/microsites/idtheft/index.html</u>
  - Video & kit with speech, presentation slides, etc.
- <u>www.getnetwise.org/</u>
- Awareness Posters
  - <u>www.fbi.gov/page2/july06/protect\_workplace071006.htm</u>
  - <u>members.impulse.net/~sate/posters.html</u>
- FISSEA Federal Information Systems Security Educators' Association
  - <u>www.fissea.org</u>
- Department of Defense Information Assurance Awareness
  - iase.disa.mil/eta/index.html







#### Questions

